



The Farm holiday in Umbria

The agriturismo/holiday villa is situated within the olive groves and fields of the working organic 'Cuore Verde' farm and is near the historic hill-town of Spello, famous for its Corpus Domine flower festival. Assisi, Perugia and Spoleto are within easy reach of the property, by car and train.

We offer holiday accommodation in the relaxed atmosphere of the rolling Umbrian hills, where medieval towns and villages vie with Roman architecture for the attention of the culturally orientated visitor. Umbria is rich in history, folklore and cultural festivals and many typically Umbrian products are locally available. 'Cuore Verde' farm has pioneered the introduction of green and organic farming methods in Umbria and its lentils, pulses and olive oil are especially popular.

The Farm House Cuore Verde

Via Cavour, 57 06076 Spello - Perugia - Italy

Phone/Fax: +39 0742.652346 - Phone +39 0742.301326

Mob. 3356551716 / 337653263

Web site: <http://www.cuoreverdeumbria.it>

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The Farm House

'Cuore Verde' accommodation facilities are spread between two historic buildings on separate secluded sites.

'La Madreselva' (Caprifoglio or Honey suckle). An 18th century shepherd's cottage built in the traditional pink stone of the region. This building has been tastefully refurbished, but it retains its original features and all of its character. The property is situated on the slopes of Mt Subasio, (regional park) and is nestled between ancient olive groves. The walled mountain stronghold of Collepino is near and a visit is highly recommended. The property is located about 6 km from Spello and car rental is advisable. La Madreselva can sleep four up to six persons and all guests are welcome to use the swimming pool located at Villa 'I Vallaroni'.

'I Vallaroni' (Corbezzoli Strawberrytree). I Vallaroni is a 17th century country villa which has been restored and refurbished to very high standard, yet still retaining its character and charm. The property is situated on the gentle hillside of 'Monticchio' and is approximately 2 km from Spello. Set centrally within the self-contained working fields and olive groves of Cuore Verde, the property benefits from a large outdoor seating area/garden and a large swimming pool of sunny aspect. The olive groves and woodland to the rear of the property give ample access for nature trails and walks. The villa offers five self-contained apartments with individual cooking facilities with each sleeping between two and three people. Large communal living room areas are available for the use of all guests. Next the Villa another one independent apartment sleeping for four to six persons. Apartments can be individually rented or the villa can be let as a whole. Apartments can be individually rented or the villa can be let as a whole. Internet point, bicycles, swings and ping-pong are also offered for the benefit of guests.

The proprietors have a good knowledge of English.
The property is available to let on a year round basis.
Apartment available, suitable for people with disabilities ('I Vallaroni' only).

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The organic farm

The organic farm Cuore Verde has been always very sensitive to the health and the protection of the environment problems. In the 1976 when started was already distinguished from the others for the attention and caution in the use of chemical.

Such way brought the farm to be one of the first in the area to practise organic agriculture for the purpose producing healthy and genuine food. That was at the end of the eighties.

Following the Umbrian tradition diet, beside usual productions of fodder, cereal, olives, grapes took a new course towards a vast range of pulses. Together with the well known beans (Borlotta, Cannellino) and chickpeas, the farm steered itself to the cultivation of Umbrian central Italy varieties, the ecotype of Castelluccio (Norcia) for lentils, Cocco Bianco and Risina for the beans. Such a choice to safeguard the survival of ancient local rustic types they have not been selected to maximize the harvest and but they are very rich in flavour and taste therefore suitable for organic agriculture.

At the present the 85 hectares of Cuore Verde's farm is totally organic: as well as growing fodder (Alfalfa) grain pulses, Italian soy bean (OGM Free) and cereals (as hard wheat, distichous barley, millet, and a peculiar variety of hard wheat which was grown thousands of years ago) grape wine, olive tree: the farm continues the search and to test the ancient, autochthonous variety.

On September 2004 has been recorded in the register book of fodder variety "The Alfalfa Cuore Verde". This selection was obtained in collaboration with 'gal Valle Umbra' and the genetics improvement Institute of Agriculture of Perugia University.

The Cuore Verde variety has been selected from alfalfa ecotype that was grown for many years in the farm. Tests showed its validity particularly for the organic agriculture.

The Cuore Verde organic farm since the 1990s is a member of "Organic Farmers' Cooperative Alce Nero" (Visit Web site), established and managed by Mr Gino Girolomoni known as the Patriarch of Organic Agriculture in Italy. To Alce Nero Cuore Verde gives most of its cereals.

Cuore Verde has been the first one to produce Organic DOP (Denomination of Origin Protected) extra vergine oil in this district. Besides its products as well as many qualified shops are very esteemed by most famous chefs in Italy and abroad.

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Accommodation: 'I Vallaroni' (Corbezzoli Strawberrytree)

An 17th century building which has been restored to a very high standard, retaining all the character and charm of the original building while still allowing all comforts and necessities of modern living. The property consists of three floors. The ground floor offers a large communal living with dedicated internet point and PC desk area. The communal area, light and cool, benefits from an impressive vaulted ceiling. First and second floors offering two bed-sitters and two apartments that sleep 2-3 people each. All accommodation has its own private bathroom and private kitchen or cooking area. Adjacent to the main villa is a two person apartment designed for disabled access. **In the event of a single party rental of the whole villa, access to a professionally equipped kitchen will be provided.** (Please note that in all rental circumstances self-catering is required.) Next the Villa another one independent apartment sleeping for four to six persons.

'I Vallaroni' has self contained 5 (plus an independent one) holiday apartment, and a large share living room. All the furniture is antique. Linen is included. Cot and high chair if required.

For the use of guest:

swimming pool, ping-pong, swing, barbecue, wood oven, television, computer and Internet-point, bicycles, washing machine, organic vegetable garden and orchard.

If all house is rented a large professional kitchen fully equipped is available.

- Suitable for disable people.
- Direct sale of DOP extra vergine olive oil, pulses (beans, lentils, chickpeas, grass-peas).
- The area of 180.000 square metres is completely fenced, no hunting. Interesting walks with opportunity to see local and rare flora wild hares which are bred to restocking the Subasio mount
- English knowledge
- Guide to the organic agricultural activity.
- Open all year long.

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Accommodation: 'La Madreselva' (Caprifoglio or Honey suckle)

The property is a refurbished 18th century shepherd's cottage refashioned in 'topsy-turvy' style with living accommodation on the first floor and sleeping accommodation set out at ground level. The first floor living area is light and breezy and comprises a well organised kitchen that leads to a living room with windows affording magnificent views. The living room benefits from an extra divan bed for a possible sixth guest. The ground floor has two well appointed bedrooms, one being a double (sleeps two) and the other sleeping three in single beds. The modern bathroom is off a dressing area. The property retains its period character and has some early 19th century furnishings.

'La Madreselva' is a secluded cottage built on two levels. The spacious living room with kitchen corner is on the top floor, The lower floor is organized with two bedrooms, dressing room and bathroom. One double room and the other one with three single beds. All antique furniture.

Linen is included. Television, barbecue, wood oven, washing machine. For 4+2 persons.

The swimming pool located in Villa "I Vallaroni" is available for all the guest of Cuore Verde

- Domestic animals accepted.
- Direct sale of DOP extra vergine olive oil, pulses (beans, lentils, chickpeas, grass-peas).
- Guide to the agricultural activity.
- Open all year long.

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The Farm holiday in Umbria

Where we are

'La Madreselva' Via Corogliano, 6 - 06038 Spello - Perugia - Italy

'I Vallaroni' Via Chiona, 2/A - 06038 Spello - Perugia - Italy

From NORTH WEST:

Motorway A1 Milano-Napoli, exit Valdichiana, direction Perugia; link road Perugia_Bettolle, exit P.S. Giovanni direction Assisi-Foligno; Highway E45 direction Assisi-Foligno; S.S. 75 Centrale Umbra, exit Spello.

From NORTH EST:

Motorway A14 Adriatica exit Cesena Nord direction Perugia; highway E45 direction Assisi-Foligno; S.S. 75 Centrale Umbra, exit Spello.

From SOUTH:

Motorway A1 Milano-Napoli exit Orte direction Perugia; Link road Terni-Orte, exit E45 direction Terni - Spoleto - Foligno; exit Spello.

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The Farm holiday in Umbria

Free time

Farmhouse 'I Vallaroni':

swimming pool m. 15x7,5, softening with no chlorine (swimmingpool is available from 27/05/06 to 30/09/06), sun-bathing, ping-pong, bicycles, interesting walks with opportunity to see local and rare flora. Agricultural organic farm tour available.

Farmhouse 'La Madreselva':

swimming pool is available at villa 'I Vallaroni' for all the guest of Cuore Verde, sun-bathing, the agricultural organic farm tour available.

Activities available locally:

tennis, riding, hippoterapy, fishing, spa, paragliding on Subasio mount.

Cuore Verde's organic farm is located in very interesting area for flora and fauna.

Villa 'I Vallaroni' stands on the slope of Monticchio's hill near Spello: the area of 180.000 mq is completely fenced. Is intended to be a wildlife reserve, for the purpose of restocking. Therefore the area is very rich of hares, hoopoes, turtledoves, blakbirds, pheasants, and a lot of other local birds. Very often looking the top of 'Monticchio' it's possible to see the regal flight of the buzzard. The 'Monticchio' is a constant discovery concerning flora: it goes from the orchid to the broom; from the holm-oak to the honey-suckle, and many other species.

Walking through the tracks you can see the different vegetations zones, and the sights are fantastic. There is a rare spot of Mediterranean wood: oak, holms oak, junipers and of course strawberry tree. This is the proof of the vast richness of biotypes of this territory.

We are now preparing with the collaboration of Prof. Puppi, from the university of Rome 'La Sapienza': a map of all the paths through the 'Monticchio' to classify all the flora: name and description of plants and their flowers, period of developing phases. All this in a uncontaminated habitat where organic agriculture has been practise for many years. The protection of the natural environment is guaranteed.

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